GRACE NOTES

Message: **I Walked Today Where Jesus Walked**
Scripture: Matthew 8:23-27
Date: Sunday, October 18, 2015

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[23] Then he got into the boat and his disciples followed him. [24] Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. [25] The disciples went and woke him, saying, "Lord, save us! We're going to drown!"

[26] He replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm.

[27] The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!"

(continued on back)

STUDY NOTES

Who is someone you trust completely? Why do you trust them? What evidence is there to prove you trust them?

Thinking back to Sunday's message - What challenged you, encouraged you, or caused you to change the way you think or act?

Define "faith."
Here are some Scriptures to help us understand faith. Look them up and discuss what they mean:
Romans 10:17
Hebrews 11:6
Mark 11:22-24
Hebrews 11:1
Ephesians 2:8
James 2:18

The most important element in faith is the reliability of the one in whom you are trusting. Why do you believe you can trust in Jesus?

Read **Psalm 56**.

This psalm was written by David as he fled from King Saul who was trying to kill him. He ended up in Gath (not a safe place for one who had killed Goliath who was from there). Acting as if he were insane, the king of Gath did not arrest him. David hid in a cave where he is said to have composed this psalm.

What is David's request in verse 1?
When David is afraid, what is his response? (verses 3 & 4)
How does David view God's attentiveness to him? (verse 8)
In verses 10-13, what do we learn about David's faith?

How does Psalm 56 encourage us when we are oppressed and afraid?
David pictures God saving up his tears in a bottle. How does this fit with your understanding of God's care for you when you suffer?

What is one thing you can do to help strengthen your faith this week?
What is one thing you can do to strengthen someone else's faith?