

GRACE NOTES

Sunday, May 6, 2018

Lord's Supper

Message: One Bread—One Body

Scripture: 1 Corinthians 10:16-17

¹⁶ The cup of blessing that we bless, is it not a participation in the blood of Christ?

“This cup that is poured out for you is the new covenant in my blood.” (Luke 22:20)

The bread that we break, is it not a participation in the body of Christ?

“This is my body, which is given for you. Do this in remembrance of me.” (Luke 22:19)

¹⁷ Because there is one bread, we who are many are one body, for we all partake of the one bread.

Communion is an intensely personal experience, but it is also a shared experience.

Study Notes --

Why can sharing be so difficult for children?

Why can sharing be so difficult for adults?

Thinking back to Sunday's message, what spoke to you, inspired you, encouraged you, challenged you, or confused you?

In what way is communion/the Lord's Supper an intensely personal experience?

In what way is communion/the Lord's Supper a shared experience?

Read 1 Corinthians 12:12-27.

Why did Paul use the human body to describe the church?

What is Paul's argument in verses 14-20?

What is Paul's argument in verses 21-26?

Why is belonging to a church body so important to the individual believer?

Why is the individual believer so important to the whole church body?

What things does every church believer share in common with each other?

There are at least 59 “one another” or “each other” verses in the Bible. Can you recall any of those? If so, share them with your group.

In what ways can you enhance the one-another-ness of this church?